



TeleMedicine

Access to high-quality care at a lower cost—with **\$0 COPAY***!

Telemedicine offers physician-based care around-the-clock at lower costs compared to visiting an urgent care center or emergency room. Plan members can use readily available technology and tools — toll-free number, secure website, or mobile app — to consult with a U.S. board certified physician.

In addition to lowering cost, telemedicine can help improve outcomes, speed recovery, and shorten absenteeism, which in turn can help boost productivity. Telemedicine is also an attractive benefit that can help your organization recruit and retain top-level talent.

Convenient care from board-certified physicians

Plan members can consult with a licensed physician by: calling a toll-free number; logging into a secure website; or using the mobile app. Physicians can prescribe medication when needed. A wide range of non-emergency conditions may be treated, including:

- acne
- allergies
- cold and flu
- constipation
- cough
- diarrhea
- urinary tract infections
- ear problems
- fever
- headache
- insect bites
- nausea
- pink eye
- rash
- respiratory problems
- sore throats
- vaginitis
- vomiting

** If you are currently participating in an High Deductible Health Plan (HDHP), your copay may be more if you have not satisfied your in network deductible.*

To take advantage of this great benefit, contact:

Teladoc (for AmeriHealth Members)

- Call **1.855.Teladoc** (835.2362)
- Visit **www.teladoc.com**
- Go to **Teladoc.com/mobile** to learn more or download the mobile app from the App Store or Google Play